

The Assessment of Functional Living Skills - The AFLS™

Grooming (Continued)

TASK	SCORE	TASK NAME	TASK OBJECTIVE	QUESTION	EXAMPLE	CRITERIA	COMMENT
GR 11	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Flosses teeth	Learner will floss between all teeth.	Does learner floss teeth?		4= flosses between all teeth, 3= flosses front teeth top and bottom, 2= flosses all teeth with only verbal prompts, 1= requires imitative model and minimal physical prompts to floss front teeth	
GR 12	0 1 2 0 1 2 0 1 2 0 1 2	Completes tooth brushing process at least twice a day	Learner will independently complete oral hygiene sequence twice a day.	Does learner complete oral hygiene sequence twice a day without being told?	Brush teeth, floss, mouth wash, etc. without being told	2= independently completes entire process twice a day, 1= independently completes entire process once a day	
GR 13	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Regulates water temperature	Learner will adjust water temperature on at least 3 types of faucets.	Does learner regulate water temperature using sink faucets?	Double handle controls, single handle lever, single knob pull control, press-to-activate control, etc.	4= adjusts water temperature on at least 3 types of faucets, 3= adjusts water temperature on at least 2 types of faucet, 2= adjusts water temperature on a faucet with only verbal prompts, 1= adjusts water temperature on a faucet with minimal physical prompts	
GR 14	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Washes and dries face	Learner will wet, wash with soap, rinse, and dry face.	Does learner wash face using soap?		4= independently washes face with soap, rinses, dries and self-checks in mirror, 3= wets face, washes, rinses and dries with only verbal prompts to check thoroughness of cleaning, 2= requires only verbal prompts to wet, wash (but not fully adequate), rinse and dry face, 1= requires minimal physical prompts to wash and dry face	
GR 15	0 1 2 3 4 0 1 2 3 4 0 1 2 3 4 0 1 2 3 4	Blows nose	Learner will blow nose.	Does learner blow nose?		4= independently gets tissue and blows nose as needed, 3= independently blows nose but must be told when to blow nose, 2= requires only verbal prompts to blow nose, 1= requires imitative or minimal physical prompts to blow nose	